



EL RENO FAMILY DENTISTRY
GENERAL COSMETIC IMPLANT SEDATION™

1570 SW 27th Street, El Reno, OK 73036
(Just off Country Club Road & I-40)



Adam Cohlmia, DDS
dentistelreno.com | 405.262.6737

Patients Speak Out

Many of you have seen our new office videos. We sure appreciate those of you who agreed to be filmed last Fall. Well, the video we are most proud of is our patient testimonials. Below are some of the consistent messages that came across.

Family Really Matters

"El Reno Family Dentistry is not just the name of our practice—it's our identity. The word family has many meanings for us, one of which is that we treat patients of all ages... But most importantly, we believe that our patients are part of our family and that we are really a part of theirs."

— Dr. Adam Cohlmia

Whether you have a child who's ready for their first dental appointment, want a few of your own teeth restored, or your parents need some dental work updated, you are all always welcomed to El Reno

Family Dentistry, and our team will go out of their way to make you feel like you are in a second home at every visit.

Everything You Need Under One Roof

"We provide a more holistic approach to dentistry, providing a lot of treatments that you would traditionally be sent to a specialist for." — Dr. Adam Cohlmia

Our goal is to be the primary source for dental care here in El Reno, which is why we're happy to provide a wide array of services including basic preventive care, complex restorative solutions, and even transformative cosmetic treatments. We understand that convenience is a very important part of your dental care, so with us, you and your family will be able to get everything you need without having to run all over town between different offices.

Truly Premium Dental Care

"I am very happy with my results from Dr. Cohlmia's office. I look back at photos from two years ago, and my smile's definitely brighter, my teeth are straighter—makes my whole face look better." — April Bow

"What makes me proud to work at El Reno Family Dentistry is being a dental assistant over the past decade, I've worked with many different doctors in different atmospheres, and I believe the treatment we provide here is of the highest quality." — Erica Bingham, Dental Assistant

Here, quality influences absolutely everything that we do. We want to give you the most healthy and beautiful smile possible, and the only way to do that is to provide truly 5-star dentistry, which we're able to do thanks to our years of experience, diligence, and commitment to using state-of-the-art technology. Thank you patients for speaking out!



See you at our new office!

Office Hours
Monday 8a-5p
Tuesday 8a-5p
Wednesday 8a-5p
Thursday 8a-5p
Friday 8a-3p

For appointments
please call
(405) 262-6737

info@dentistelreno.com

our mission

We strive daily to be the leading team in dentistry. We are committed to providing a warm, caring and professional environment for our patients.

At El Reno Family Dentistry, we believe in treating our patients like our family.

News Bites

Spring 2018 dentistelreno.com | 405.262.6737

FREE FIRST VISIT™
Includes X-rays & Exam



EL RENO FAMILY DENTISTRY
GENERAL COSMETIC IMPLANT SEDATION™

El Reno's Most Caring Dental Office™

We Say Goodbye to Messy Impressions



More and more of the world is becoming digitized over time. Movies, music, and pictures have been digital for a while now, making it even easier for them to be created, edited, and distributed across the world. Fortunately, this "digital revolution" has also touched dentistry, enabling us to provide high-quality, precise, and comfortable care in even less time. A prime example of this is the **iTero Scanner**. With it, we can now take a completely digital impression of your teeth without using weird tasting and messy dental putty, providing an overall better patient experience that also leads to even better results for your smile.

Say Goodbye to Putty

Dental impressions are an extremely important part of dentistry because they allow your dentist to create a model of your teeth so they can customize treatments (such as crowns, veneers, and Invisalign) to fit your particular smile. Unfortunately, for a long time, this process called for the use of dental putty. If you've ever had an impression taken with it, we're sure it wasn't your favorite experience.

The putty itself isn't the best tasting thing in the world, the sensation is unnerving, and it often travels down the throat and causes many patients to gag. But, with the **iTero Scanner**, we can now forgo the putty altogether and create even better impressions.

How the iTero Scanner Works

When you come in to get an impression now, Dr. Cohlmia will simply need to use a small handheld device. This will be comfortably maneuvered throughout your mouth, taking hundreds of unique images as it goes. On a nearby monitor, you'll see these images moving together to create a **3D model** of your teeth. The entire process usually takes 10 minutes and is completely putty-free.

Not only is this much more patient-friendly, it also makes life easier for your dentist as well. The digital images created by the **iTero Scanner** are much more detailed than a traditional physical model, and because it's digitized, the impression can be instantly sent to a dental lab so they can get to work on your restoration. Come see your **3D smile** today.



The holiday lights at our office celebrate Christmas in El Reno.



The team poses for a new office picture. Don't they look great?



Holiday party fun at Top Golf OKC



Ginger and Erica dress up for Christmas 2017



Waldo is hanging out at El Reno Family Dentistry for Halloween.



Erica Bingham's daughter, Eva, has fun at the dentist



Happy 11th work anniversary to our Tina.



Cassie celebrates a two year work anniversary



Thanksgiving lunch at the office



Tana and Cassie ham it up for Christmas.

Ready for Spring?

GET \$500 off  **invisalign®**
Offer expires at the end of April



Call for a complimentary iTero scan to view the invisalign outcome simulator for your smile. See a 3D model within 10 minutes.



Spring Easter Menu
Staff recipes

Apricot Glazed Ham with Asparagus and Potatoes

INGREDIENTS

- 1 3-pound boneless ham
- 1/4 cup apricot preserves
- 1 pound fingerling or some other small potatoes
- kosher salt and black pepper

- 1 pound asparagus, cut into 1-inch pieces
- 3 tablespoons olive oil
- 1 tablespoon white wine vinegar
- 1 tablespoon prepared horseradish
- 1/4 cup fresh dill sprigs



DIRECTIONS

- Heat oven to 350° F. Place the ham on a foil-lined baking sheet and cook until heated through, 50 to 60 minutes, spreading the ham with the preserves after 20 minutes of cooking.
- Meanwhile, place the potatoes in a medium saucepan. Add enough cold water to cover and bring to a boil. Add 1 teaspoon salt, reduce heat, and simmer until tender, 15 to 18 minutes.
- With a slotted spoon, transfer the potatoes to a colander; run under cold water until cool. Add the asparagus to the boiling water and cook until tender, 2 to 3 minutes; drain and run under cold water to cool. Cut the potatoes into quarters.
- In a large bowl, whisk together the oil, vinegar, horseradish, 1/2 teaspoon salt, and 1/4 teaspoon pepper. Add the vegetables and toss to combine; fold in the dill. Thinly slice the ham and serve with the vegetables.