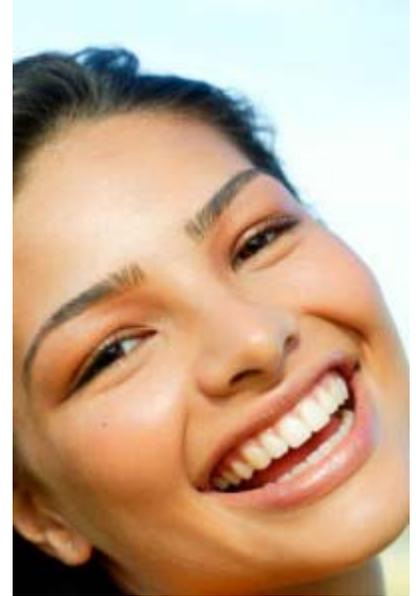


May 7, 2015

[Teeth Whitening in Time for Summer Smiles in El Reno, OK](#)

Ah, summer. The season when life slows down, days become less scheduled, and fun activities abound. For people in [El Reno, OK](#), as well as [Minco, Calumet, Hinton, and other communities in Canadian County](#), there are things to do that will make every member of your family happy. From boating and bowling to swimming and picnicking, El Reno and the surrounding areas offer both relaxing and exciting summer fun.

Of course, fun times bring smiles to faces. The question is—do you have a smile that you're ready to share with the family and friends that you spend time with this summer? If your smile could use a boost before the summer season begins, schedule an appointment for [teeth whitening](#) at El Reno Family Dentistry in [El Reno, OK](#). And because our location is not too far from Interstate 40, we're just a hop, skip and a jump away from any of the neighboring small towns. [Dr. Adam Cohlma](#) and his team are ready to take your smile from winter blah to summer sensational with one of our teeth whitening treatments.



The Need for Teeth Whitening

As people age, teeth can become stained and discolored for a number of different reasons, not the least of which is the unavoidable aging process itself. Other reason can be:

- The foods and beverages we enjoy most and frequently, such as tomato sauces, berries, chocolate, coffee, tea, cola and red wine
- Teeth grinding and clenching, which can cause imperceptible micro-cracks along the surface of teeth that hide discoloring debris
- Smoking and chewing tobacco, both of which contain nicotine, a compound that deeply stains teeth
- Certain medications, such as the antibiotic tetracycline
- Tooth injuries, including chips and cracks that can collect stains and food particles

Regardless of the reason for your stained and discolored smile, El Reno Family Dentistry offers a **teeth whitening** system to fit your schedule and your budget.

In-Office Teeth Whitening

For teeth whitening that is fast and convenient, choose our in-office system. In just one appointment, you'll have a smile that is white and refreshed. When you come to El Reno Family Dentistry for **in-office teeth whitening**, we'll apply a professional-grade bleaching gel to your

teeth. After about an hour, the gel will be removed to reveal your new smile that is several shades whiter and brighter than your old smile.

At-Home Teeth Whitening

For those patients who either don't have the time for another appointment in their busy schedules or who simply prefer to whiten in the quiet and privacy of their own homes, El Reno Family Dentistry offers an **at-home teeth whitening** kit. We'll give you custom-fitted whitening trays and bleaching solution. Simply fill the trays with solution and wear them according to Dr. Kirk's or Dr. Cohlma's instructions. You'll notice a difference after the first treatment, with the brightest change happening after a couple of weeks.

Schedule a Teeth Whitening Appointment Today

Get ready to smile this summer with **teeth whitening** from El Reno Family Dentistry in [El Reno, OK](#). We are conveniently located near [Minco, Calumet, Hinton, and other communities in Canadian County](#), so residents of these towns can enjoy white and bright smiles, too.