



**EL RENO FAMILY DENTISTRY**  
GENERAL COSMETIC IMPLANT SEDATION™

New Location!  
1570 SW 27th Street, El Reno, OK 73036  
(Just off Country Club Road & I-40)



Adam Cohlmia, DDS  
dentistelreno.com | 405.262.6737

## Maximize Your Insurance Benefits and Improve Your Health

Our experience shows that, with careful preparation, you can maximize your insurance benefits and improve your health. Your insurance policy allows for a determined amount of coverage each year. If for any reason you do not use this coverage during this calendar year - you will lose it!

Please plan ahead. You can use your benefits to replace your old silver fillings or for other dental needs before your benefits are lost. Please call the office at 262-6737 to make an appointment and get you and your family in before the end of the year.

# News Bites

Fall 2016 dentistelreno.com | 405.262.6737



**EL RENO FAMILY DENTISTRY**  
GENERAL COSMETIC IMPLANT SEDATION™

El Reno's Most Caring Dental Office™

**FREE FIRST VISIT™**  
Includes X-rays & Exam



See you at our new office!

Office Hours  
Monday 8a-5p  
Tuesday 8a-5p  
Wednesday 8a-5p  
Thursday 8a-5p  
Friday 8a-3p

For appointments  
please call  
(405) 262-6737  
info@dentistelreno.com

### our mission

We strive daily to be the leading team in dentistry. We are committed to providing a warm, caring and professional environment for our patients. At El Reno Family Dentistry, we believe in treating our patients like our family.

## Here to Serve You!

There's nothing convenient about a dental emergency — but it's easier to handle any urgent situation when you know where to turn for help. We are always on call to serve you. Don't hesitate to call our office when you, your family, or even a friend has a dental emergency.

## Dental Emergency... What to do next!

### 1. Knocked Out Tooth

If you or someone nearby have experienced a knocked out tooth, collect the missing tooth and carefully rinse it under warm water to remove debris. Do not scrub the tooth or touch its root. A missing tooth has the greatest chance for reattachment when dealt with in the first two hours of loss, so do not delay. Store the tooth in its socket, in the cheek, or in a bag of milk.

### 2. Toothache

Toothaches don't get better on their own. Call us as soon as you experience an aching tooth to seek quick attention and avoid an abscess, or serious infection that could spread to the brain. Take an over-the-counter pain medication to ease discomfort in the meantime.

### 3. Broken Tooth

If you've broken a tooth, collect the bigger pieces and bring them into your emergency appointment for possible reattachment. You can prevent swelling in the affected area by placing an ice pack on the cheek in 15 minute intervals.

### 4. Mouth Lacerations

We can treat lacerations to the cheeks, lips, or tongue. Stop bleeding by applying consistent pressure to the wound with a clean cloth. If blood flow has not stopped or been significantly reduced after 10 minutes, please head straight to the emergency room.



Always  
having  
FUN!



*You're invited  
to our* **OPEN  
HOUSE**

El Reno Family Dentistry  
will host an OPEN HOUSE  
Friday, October 14th  
from 3:30 pm to 6:30 pm.  
RSVP to [info@dentistelreno.com](mailto:info@dentistelreno.com)

Please wear your El Reno Indian(s) colors as  
our football team takes on Altus at home!

Door prizes, refreshments, and live music,  
with a special performance by Dr. Cohlmia's  
wife will be part of this fun afternoon. We  
will head to the game afterward.

Welcome Dr. Adam Cohlmia's beautiful wife, Alexandra, to our  
Open House! Alexandra will play acoustic versions of her songs  
with her accompanist.

Born and raised in Jacksonville, Florida, Alexandra grew up  
listening to inspirations from Motown to Country and her favorite  
belty divas. She has performed for First Lady Barbara Bush, and at  
Walt Disney World. She also sang the National Anthem solo at the  
Toyota Gator Bowl.

After graduation from Northwestern University, Alexandra moved  
to Music City; she signed with SSM Nashville Records and  
reached a milestone when she became  
a recording artist.

Alexandra continued performing and  
soon released her debut singles, "Just  
Alone," "Lay It On Me" and "Pick Me  
Up" These singles received national  
airplay on country radio. Her next single  
"Outta My Head" also received airplay  
throughout country radio stations all  
over the nation. Her current single, "You  
Still Think I'm Beautiful" is receiving  
nationwide airplay on country radio.



Always so much fun to have Wanda  
at our office (pictured with Belinda).



Team at Whiskey Cake for  
Christmas in July.



Dr. Cohlmia, Kristen, and Larry  
pose for a picture at El Reno Family  
Dentistry.



Dr. Cohlmia and team get in the spirit  
for fall football. Pictured: Rena Edwards,  
Kristen Boone, Tina Davidson, Cassie  
Owens, Belinda Wilson, and Dr. Cohlmia.



The El Reno Family Dentistry team  
heads out to lunch.



Dr. Faulconer with Tana and Emily.  
What a great smile!



Erica and Tana with babies!  
August 2016



Erica, our assistant, and  
husband Chris welcomed this  
new addition to their family!  
Evangeline Josephine Bingham.  
8 lbs, 2 oz. and 21.5 inches  
long on August 25th.



Babies! Top: Legend Gatz,  
Collin Edwards, Sophie Cohlmia.  
Bottom: Evangeline Bingham.



All babies at El Reno Family Dentistry!  
Pictured: Erica Bingham (assistant)  
holding Evangeline Bingham. Rena  
Edwards (front desk) holding Collin  
Edwards. Tana Gatz (hygienist) holding  
Legend Gatz. Dr. Cohlmia holding Sophie  
Cohlmia.

**Baby  
NEWS!**