

April 22, 2014

## How To Make Brushing Teeth Fun For Kids



Many parents may find it difficult to make oral care exciting and fun for their children. Getting your child to brush their teeth may be a hassle, every morning and night being a feat to overcome. Although some parents have come up with creative ways to make sure brushing teeth is fun, some parents still may be wondering how they can get their children to be excited about

good oral care. [Dr. Adam Cohlma](#) and [Dr. Michael Kirk](#) are avid believers in establishing good oral care routines early on, and we have some suggestions for parents who are wanting to make brushing teeth time into fun time!

One of the things parents can do to make brushing teeth time fun for their children is to join them in the fun! Brush your teeth with your children, and it will become a wonderful bonding moment between you. Show your child how you brush your teeth, and let them mimic you. Fun toothbrushes are also a wonderful way to make oral care fun! If your child has a favorite cartoon movie or superhero, having their toothbrushes match is a wonderful way to get them excited about brushing their teeth.

Another great way to get kids excited about brushing their teeth is to have tasty toothpaste! There are many flavors of toothpastes made especially for children, helping them enjoy the experience much, much more. Making up a song is another wonderful way to get children excited about brushing their teeth. Kids usually respond more to song rather than words, so making the experience a fun, musical one is definitely a way to get the on the right track of wanting to take care of their smile. No matter how you choose to make brushing teeth a fun experience, make sure your child's smile is the top priority, and accomplishing great oral care will be a breeze!

If you'd like to set up an appointment, [call us](#) today at **El Reno Family Dentistry**. Our office is located in **El Reno** and serves patients from **El Reno, Yukon, Minco, Calumet, Hinton**, and other communities in the **Canadian County**.